



A M O R C

The Rosicrucian Order

# MASTER MONOGRAPH

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# THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ Although ample evidence has been accumulated to prove that currents of energy moving through the earth and on its surface affect all living things, it may be interesting to read the following from the work of an eminent physician who has become somewhat familiar to us through his concurrences with subject matter of other monographs.



*The power of each locality is greatly intensified by electric currents, which, passing upward, bring the constitution under the influence of the subjacent strata. . . . The doctrine that we are affected by electric currents and thereby made to feel the influence of our environment, and especially of the portion of the earth on which we stand, is susceptible of demonstration. . . . Not even an atmospheric carrier is needed by the sensitive to impress them with local influences; approximation alone is sufficient to bring them in the sphere of influence, . . . That chameleon power by which the soul assimilates with its surroundings is derived not merely from intellectual perception, but from the power of emanation and of psychometric sympathy.*

—JOSEPH RODES BUCHANAN, M. D., 1814-1899

To the Members of the Esoteric Hierarchy, Greetings!

One thing our Rosicrucian studies have taught us constantly is not to overlook or undervalue the simple and familiar things of life. These oftentimes contain the profoundest truths and teach the sublimest lessons. The familiar and commonplace may seem unworthy of examination, for it may be asked, What can they teach us? For all their commonplaceness, do they not show us Cosmic principles in operation? And are not Cosmic principles our professed study? In time of disaster, for instance, such things as light, heat, food and shelter, casually accepted under normal conditions, assume an importance that is impressive.

Through careful consideration and evaluation of simple things, our studies not only lead us to greater knowledge of universal laws but also develop in us a deeper appreciation of the spiritual aspects of life. By constantly turning our attention to the scientific and spiritual values in the simple and everyday circumstances, the Order strives to inculcate in us an analytical viewpoint as well as a reverent one toward all things. This is as it should be, for as Hierarchy members our usefulness can be perfected only as we draw nearer and nearer the center of the circle of eternal truth.

Surprising as it may seem, there are still many things in life—many laws and principles with which we are constantly confronted—while essentially simple and commonplace have not been completely and adequately explained by science. They continue to manifest and produce results whether we examine and understand their nature or not. For that reason, we should never refuse to study simple things; nor should we ever wrongly assume that because a thing is familiar it cannot teach us something. Certainly, as Hierarchy members we should never doubt the value of anything; nor should we ever cease to believe in at least the possibility of miracles.

Last week I promised to tell you something about the better positions for practicing your new exercises. In the earlier Degrees there was some discussion of the importance of changing your bed so that during sleep you would be lying in the proper direction. This was indeed a simple thing—one to which thousands would hardly give attention—yet one meriting consideration. Thousands are restless, sleep fitfully, or are troubled with unpleasant nighttime experiences without for a moment seeking for the cause in the position of the bed. Nor if it were suggested that magnetic currents were a possible cause of sleeplessness or restlessness would they think the matter sufficiently sound to warrant investigation and study. They would in all likelihood set it down to superstition. Ample evidence has, nevertheless, accumulated, particularly in the last twenty-five years, to prove that all living things, especially plants and animals, are affected by certain currents of some



fundamental energy moving not only through the earth, but also on the surface of it.

These currents are of two kinds: those which encircle the earth on or near its surface, and those which crisscross and change their directions from time to time. These currents of magnetism or earth rays affect the electromagnetic nature of man. Undoubtedly, they also affect his aura because in many tests subtle differences could be noted when a person was sitting facing the East and when he was turned about facing the West or another direction. The aura would gradually change color, become disturbed, lose or gather vitality and give every evidence of responding differently as the individual changed his position.

From hundreds of experiments conducted by us and others, it became apparent that the rhythmic harmony and flow of the energy within the body were disturbed by these invisible rays or currents of the earth as well as by rays coming from the Cosmic. These experiments also indicated that the effects varied with different types of individuals. A standing or sitting position which would cause these currents to become harmonious to the currents in the body for some would have an exactly opposite effect on others.

So simple a thing as changing the sleeping position was sufficient to bring radical changes in the aura. For this reason changing the bed often brought relief and revealed the best permanent sleeping position. The experiment is one which anyone can effectively test for oneself. If you have had trouble sleeping well and arising fully rested, change the position of your bed, until you find definitely the most restful and beneficial direction, so far as you are concerned.

In these recent experiments and exercises, it is simple to change your chair until you face the different points of the horizon. East, West, North, and South are the only points usually considered, but a position midway between any of them may be tried as well and the results noted. Naturally, you should then select the position which for you brings the most positively beneficial results.

The only way to be sure is to try a different position each time you do the exercises for the next few weeks. Notice the position which affects your aura most satisfactorily, acting like a tonic to your tired system, creating the most harmony and allowing you to become quiet, comfortable, and attuned with the Cosmic. When you have found this position, use it for two or three successive experiments and see if the results or sensations are always the same. When you are in the right position, you will



feel the whole earth and the universe united with you. You will be a part of it, and you will feel as though something were flowing through you as well as through the whole universe. When you are in the wrong position, your mind and your body in addition to your aura will be disturbed, and you will feel that you cannot concentrate. Likewise, you will discover that you cannot get the same results under such circumstances that you are able to achieve under others where the currents flow more harmoniously.

In India, magicians do many astounding things, but all too often the results they achieve are not examined or made to yield the reasons which are many times the most important part of their demonstrations. For one thing, great care is exercised in selecting the right position in which to stand. These magicians seem to take into account the fact that there are magnetic currents, that they do have an effect on people standing in their path, and that no two persons will always have the same sensations in facing the same direction. What these clever men have recognized and made use of for purposes of entertainment, others may take advantage of for more serious ends. This may apply to you as well in these experiments. You may find it is easier and better to do your concentration exercises facing North or Northeast, whereas someone else of your family or acquaintance might find it better to do his concentration exercises looking toward the Southeast. Another might prefer a point between North and Northeast.

Another time when your health is not good or you are suffering from a cold or inner disturbance, you may find that you are more comfortable just to sit and rest while facing toward the proper point of the horizon. The point which you will find most beneficial when you are ill, nevertheless, may not be the point you will find helpful when you are in good health. You will soon find, however, that there are two fundamentally correct positions for you to use, one when you are in perfect health, and one when you are ill.

Many persons have rapidly helped themselves at times of inner stress, unrest or worry by sitting relaxed two or three times a day in a comfortable chair. They face the direction which they have found to bring them relief when they are ill. While sitting thus relaxed, they take a number of deep breaths. Even those in good health have discovered that to sit facing a certain direction, and relax and breathe deeply, is a perfect way to refresh and revitalize oneself quickly.

Simple as it may seem, this matter of magnetic currents and one's relation to them is important. While it may be a bit tedious to experiment sufficiently to discover the nature of your response as you face the different directions, you will be rewarded if you persevere. As you were reminded at the beginning of this monograph, the simple and the commonplace are not without value. Science may have presumed them to be adequately



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explained or without great importance but that is not necessarily the case. As Hierarchy members, we are also scientists and investigators and we shall never close our minds to the possibility of learning something of value from the simplest or most familiar circumstance. If we keep our minds open and let every experience stimulate us to careful analysis and thought, knowledge of value to us and others must result. Throughout this week make notations in your notebook so that you can be certain what you have learned from your experiments. These notes will be helpful to you in future experiments. Next week I will take up with you some other interesting points in connection with our esoteric studies.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

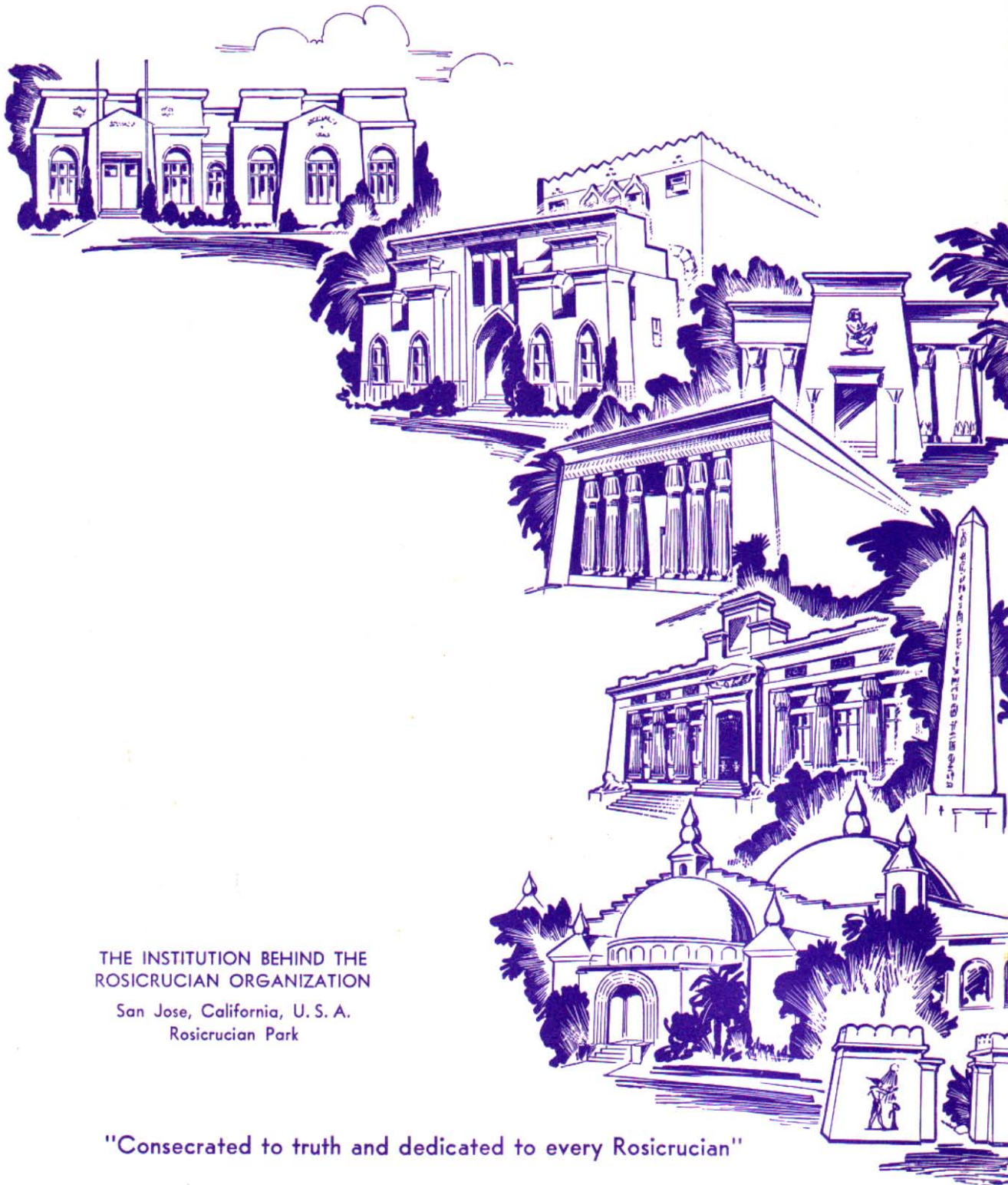


## Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ The simple and familiar things of life often contain the profoundest truths and should not be overlooked or undervalued.
- ¶ By constantly turning our attention to the scientific and spiritual values in the simple things of life, the Order strives to implant an analytical and reverent viewpoint toward all things.
- ¶ Many of the laws and principles with which we are constantly confronted have not been completely and adequately explained by science.
- ¶ Ample evidence has been accumulated to prove that all living things are affected by certain currents of energy moving through the earth and on the surface of the earth.
- ¶ So simple a thing as changing the sleeping position is sufficient to bring about changes in the aura, as well as permitting more restful and beneficial sleep.
- ¶ By experimenting in facing in different directions during your meditation and concentration exercises, you will discover the position which has the greatest tonic effect for you. The point which you will find most beneficial when you are ill, however, may not be the one that is most helpful when you are in good health.



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